



# Thriving Schools Integrated Assessment

## Advance Health and Learning With an Integrated Approach

Create a learning environment that promotes student achievement and supports the physical, mental, and social-emotional health of kids, teachers, and staff.

Identify strengths and opportunities to improve policies and practices among interconnected topics that align with your educational priorities, such as reducing chronic absenteeism and cultivating staff well-being.



### Comprehensive Support

Build a team, track progress, and access resources and trainings at no cost in the Healthier Generation Action Center.



### Self-Paced and Flexible

Choose which topics are most important to your school community, celebrate strengths, and make changes at your own pace.



### Equity-Centered

Embed equity, diversity, and inclusion into your policies and practices to support whole child health.



Get started at [HealthierGeneration.org/ActionCenter](https://HealthierGeneration.org/ActionCenter)

# Thriving Schools Integrated Assessment

## Who is it for?

The Thriving Schools Integrated Assessment is for K-12 schools and districts working to improve well-being for students and staff and increase collaboration and efficiency. This evidence-based self-assessment tool addresses interrelated topics regarding health and learning and aligns with educational priorities. It is available at no cost in the Healthier Generation Action Center.

## How do I get started?

After creating a free account in the Healthier Generation Action Center, school and district champions can start answering questions and get an instant snapshot of opportunities to improve health within their environment. It's that simple!

## How does it work?

Schools and districts answer questions in the topic areas of their choice to identify strengths and opportunities for improvement, then use the tools in the Healthier Generation Action Center to set goals, create an action plan, access resources and trainings, and track progress.

If you know where you want to focus, jump right into the topic of your choice. If you're not sure where to begin, start by answering the questions in the Advancing Core Policies and Practices topic area, then use the Prioritization Worksheet to choose your next topic.

## What topics are covered?

Questions are divided into 14 topic areas. Some questions appear under multiple topics.



Advancing Core Policies & Practices



Increasing Family & Community Engagement



Improving Nutrition & Food Access



Enriching Health Education



Implementing Local School Wellness Policy



Bolstering Physical Education & Activity



Strengthening Social-Emotional Health



Cultivating Staff Well-Being



Promoting Tobacco-Free Schools



Supporting School Health Services



Reducing Chronic Absenteeism



Addressing School Discipline



Fostering Positive School Climate & Culture



Buiding Staff Capacity