



SOUTH BAY

Kaiser Foundation Hospital – Southern California Region



2019 COMMUNITY BENEFIT YEAR-END REPORT AND 2017-2019 COMMUNITY BENEFIT PLAN

Submitted to the Office of Statewide Health Planning and Development in compliance with Senate Bill 697, California Health and Safety Code Section 127350.

Kaiser Foundation Hospital (KFH)-South Bay

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I. Introduction and Background

A. About Kaiser Permanente

Founded in 1942 to serve employees of Kaiser Industries and opened to the public in 1945, Kaiser Permanente is recognized as one of America's leading health care providers and nonprofit health plans. We were created to meet the challenge of providing American workers with medical care during the Great Depression and World War II, when most people could not afford to go to a doctor. Since our beginnings, we have been committed to helping shape the future of health care. Among the innovations Kaiser Permanente has brought to U.S. health care are:

- Prepaid health plans, which spread the cost to make it more affordable
- A focus on preventing illness and disease as much as on caring for the sick
- An organized, coordinated system that puts as many services as possible under one roof—all connected by an electronic medical record

Kaiser Permanente is an integrated health care delivery system comprised of Kaiser Foundation Hospitals (KFH), Kaiser Foundation Health Plan (KFHP), and physicians in the Permanente Medical Groups. Today we serve approximately 12.2 million members in nine states and the District of Columbia. Our mission is to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.

Care for our members and patients is focused on their Total Health and guided by their personal physicians, specialists, and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery, and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education, and the support of community health.

B. About Kaiser Permanente Community Health

For 75 years, Kaiser Permanente has been dedicated to providing high-quality, affordable health care services and to improving the health of our members and the communities we serve. We believe good health is a fundamental right shared by all and we recognize that good health extends beyond the doctor's office and the hospital. It begins with healthy environments: fresh fruits and vegetables in neighborhood stores, successful schools, clean air, accessible parks, and safe playgrounds. Good health for the entire community requires equity and social and economic well-being. These are the vital signs of healthy communities.

Better health outcomes begin where health starts, in our communities. Like our approach to medicine, our work in the community takes a prevention-focused, evidence-based approach. We go beyond traditional corporate philanthropy or grantmaking to pair financial resources with medical research, physician expertise, and clinical practices. Our community health strategy focuses on three areas:

- Ensuring health access by providing individuals served at Kaiser Permanente or by our safety net partners with integrated clinical and social services;
- Improving conditions for health and equity by engaging members, communities, and Kaiser Permanente's workforce and assets; and

- Advancing the future of community health by innovating with technology and social solutions.

For many years, we've worked side-by-side with other organizations to address serious public health issues such as obesity, access to care, and violence. We've conducted Community Health Needs Assessments to better understand each community's unique needs and resources. The CHNA process informs our community investments and helps us develop strategies aimed at making long-term, sustainable change—and it allows us to deepen the strong relationships we have with other organizations that are working to improve community health.

C. Purpose of the Report

Since 1996, Kaiser Foundation Hospitals (KFH) in Northern and Southern California have annually submitted to the Office of Statewide Health Planning and Development (OSHPD) a Consolidated Community Benefit Plan, commonly referred to as the SB 697 Report (for Senate Bill 697 which mandated its existence). This plan fulfills the 2019 year-end community benefit reporting regulations under California Health and Safety Code, Section 127340 et seq. The report provides detailed information and financial data on the Community Benefit programs, services, and activities provided by all KFH hospitals in California.

II. Overview and Description of Community Benefit Programs Provided

A. California Kaiser Foundation Hospitals Community Benefit Financial Contribution

In California, KFH owns and operates 36 hospitals: 21 community hospitals in Northern California and 15 in Southern California, all accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). KFH hospitals are located in Anaheim, Antioch, Baldwin Park, Downey, Fontana, Fremont, Fresno, Irvine, Los Angeles, Manteca, Modesto, Moreno Valley, Oakland, Ontario, Panorama City, Redwood City, Richmond, Riverside, Roseville, Sacramento, San Diego, San Francisco, San Jose, San Leandro, San Rafael, Santa Clara, Santa Rosa, South Bay, South Sacramento, South San Francisco, Vacaville, Vallejo, Walnut Creek, West Los Angeles, and Woodland Hills.

In 2019, Kaiser Foundation Hospitals in Northern and Southern California Regions provided a total of \$1,439,765,145 in Community Benefit for a diverse range of community projects, medical care services, research, and training for health and medical professionals. These programs and services are organized in alignment with SB697 regulations:

- Medical Care Services for Vulnerable Populations
- Other Benefits for Vulnerable Populations
- Benefits for the Broader Community
- Health, Research, Education and Training

A breakdown of financial contributions is provided in Tables A and B. Note that 'non-quantifiable benefits' will be highlighted in the Year end Results section of KFH Community Benefit Plan, where applicable.

Table A

KAISER FOUNDATION HOSPITALS IN CALIFORNIA

Community Benefits Provided in 2019 (Endnotes on following page.)

| | |
|---|------------------------|
| Medical Care Services for Vulnerable Populations | |
| Medi-Cal shortfall ¹ | \$618,814,234 |
| Charity care: Charitable Health Coverage Programs ² | \$257,894 |
| Charity care: Medical Financial Assistance Program ³ | \$282,502,318 |
| Grants and donations for medical services ⁴ | \$218,070,775 |
| Subtotal | \$1,119,645,221 |
| Other Benefits for Vulnerable Populations | |
| Watts Counseling and Learning Center ⁵ | \$3,158,972 |
| Educational Outreach Program | \$953,512 |
| Youth Employment programs ⁶ | \$3,564,302 |
| Grants and donations for community-based programs ⁷ | \$133,179,218 |
| Community Benefit administration and operations ⁸ | \$25,624,463 |
| Subtotal | \$166,480,466 |
| Benefits for the Broader Community⁹ | |
| Community health education and promotion programs | \$1,112,480 |
| Kaiser Permanente Educational Theatre | \$5,974,079 |
| Community Giving Campaign administrative expenses | \$829,290 |
| Grants and donations for the broader community ¹⁰ | \$671,153 |
| National board of directors fund | \$742,767 |
| Subtotal | \$9,329,769 |
| Health Research, Education, and Training | |
| Graduate Medical Education | \$87,840,700 |
| Non-MD provider education and training programs ¹¹ | \$25,255,180 |
| Grants and donations for the education of health care professionals ¹² | \$436,011 |
| Health research | \$30,777,798 |
| Subtotal | \$144,309,689 |
| TOTAL COMMUNITY BENEFITS PROVIDED | \$1,439,765,145 |

TABLE A ENDNOTES

- ¹ Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- ² Amount includes hospital-specific, unreimbursed expenditures for Other Plan members and unreimbursed inpatient expenditures for Charitable Health Coverage on a cost basis.
- ³ Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance on a cost basis.
- ⁴ Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁵ Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- ⁶ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the number of Youth Employment Programs participants hired.
- ⁷ Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁸ The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- ⁹ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre performances or Health Education programs.
- ¹⁰ Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ¹¹ Amount reflects the net expenditures after scholarships for health professional education and training programs.
- ¹² Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals such as physicians, nurses, physical therapists, social workers, pharmacists, etc. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

Table B

KAISER FOUNDATION HOSPITALS IN CALIFORNIA

Community Benefits Provided by Hospital Service Area in 2019

| NORTHERN CALIFORNIA HOSPITALS | | SOUTHERN CALIFORNIA HOSPITALS | |
|--------------------------------------|----------------------|--------------------------------------|----------------------|
| Antioch | \$35,768,656 | Anaheim | \$41,728,249 |
| Fremont | \$22,508,271 | Baldwin Park | \$37,388,708 |
| Fresno | \$24,990,841 | Downey | \$50,333,791 |
| Manteca | \$38,529,039 | Fontana | \$72,058,825 |
| Modesto | \$22,587,451 | Irvine | \$18,035,249 |
| Oakland | \$62,195,446 | Los Angeles | \$59,387,017 |
| Redwood City | \$23,440,689 | Moreno Valley | \$15,967,219 |
| Richmond | \$45,731,685 | Ontario | \$25,273,294 |
| Roseville | \$53,868,961 | Panorama City | \$46,014,300 |
| Sacramento | \$88,401,308 | Riverside | \$41,883,128 |
| San Francisco | \$49,037,146 | San Diego | \$61,354,560 |
| San Jose | \$34,701,054 | South Bay | \$35,132,387 |
| San Leandro | \$42,644,714 | West Los Angeles | \$45,513,316 |
| San Rafael | \$23,415,220 | Woodland Hills | \$29,875,524 |
| Santa Clara | \$51,337,799 | | |
| Santa Rosa | \$42,526,681 | | |
| South Sacramento | \$66,121,388 | | |
| South San Francisco | \$24,953,097 | | |
| Vacaville | \$31,496,130 | | |
| Vallejo | \$43,610,238 | | |
| Walnut Creek | \$31,953,764 | | |
| Northern California Total | \$859,819,578 | Southern California Total | \$579,945,569 |

B. Medical Care Services for Vulnerable Populations

For the purpose of this plan, KFH has quantified the unreimbursed costs of medical services provided in its hospitals to the underinsured and uninsured through government programs funded at the federal and state levels as well as Kaiser Permanente's own charity care programs. Government-funded programs include Medi-Cal Managed Care, Medi-Cal Fee-For-Service, and Healthy Families Program. KFH provides charity care through its Charitable Health Coverage and Medical Financial Assistance programs. Services provided to prepaid Medicare, Major Risk Medical Insurance Program (MRMIP), and Access for Infants and Mothers (AIM) beneficiaries are not reported.

C. Other Benefits for Vulnerable Populations

Watts Counseling and Learning Center (SCAL)

Since 1967, the Watts Counseling and Learning Center (WCLC) has been a valuable community resource for low-income, inner-city families in South Central Los Angeles. WCLC provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. Kaiser Permanente Health Plan membership is not required to receive these services and all services are offered in both English and Spanish. This program primarily serves the KFH-Downey, KFH-South Bay and KFH-West LA communities.

Educational Outreach Program (SCAL)

Since 1992, Educational Outreach Program (EOP) has been empowering children and their families through several year-round educational, counseling, and social programs. EOP helps individuals develop crucial life-skills to pursue higher education, live a healthier lifestyle through physical activity and proper nutrition, overcome mental obstacles by participating in counseling, and instill confidence to advocate for the community. EOP primarily serves the KFH-Baldwin Park community.

Youth Employment Programs (NCAL and SCAL)

Youth workforce programs focus on providing underserved diverse students with meaningful employment experiences in the health care field. Educational sessions and motivational workshops introduce them to the possibility of pursuing a career in health care while enhancing job skills and work performance. These programs serve as a pipeline for the organization and community-at-large, enhancing the future diversity of the health care workforce.

D. Benefits for the Broader Community

Community Health Education and Health Promotion Programs (NCAL and SCAL)

Health Education provides evidence-based clinically effective programs, printed materials, and training sessions to empower participants to build healthier lifestyles. This program incorporates tested models of behavior change, individual/group engagement and motivational interviewing as a language to elicit behavior change. Many of the programs and resources are offered in partnership with community groups, community clinics, libraries, nonprofit organizations, cable television channels, and schools.

Kaiser Permanente Educational Theatre (NCAL and SCAL)

Since 1986, KPET has been using live theatre, music, comedy, and drama to inspire children, teens, and adults to make healthier choices and better decisions about their well-being. Its award-winning programs are as entertaining as they are educational and were developed with the advice of teachers, parents, students, health educators, medical professionals, and professional theatre artists. Professional actors who are also trained health educators deliver all performances and workshops. KPET programs share health information and develop individual and community knowledge about leading healthier lives. KPET is provided free of charge to schools and the general community. In addition to performances and classroom workshops, KPET supplies schools and organizations with supplementary educational materials – including workbooks, parent and teacher guides, and student wallet cards – to reinforce the messages presented in the programs.

E. Health Research, Education, and Training Programs

Graduate Medical Education (GME)

The mission of Kaiser Permanente GME is to recruit and prepare the physician workforce of the 21st century by optimizing the unique clinical and educational opportunities within our integrated model of care, which is now considered the gold standard for improving the entire U.S. health care system. Residents trained in our health care settings utilize technology to provide evidence-based, patient-centered care in a team-based model, employ population management strategies, and cultivate their skills in cultural sensitivity, effective communication and leadership. As part of their training, residents participate in rotations at school-based health centers, community clinics, and homeless shelters.

Non-MD Provider Education and Training Programs

Kaiser Permanente provides education, training, residences, internships, and/or scholarships and stipends for non-physician health care professionals in nursing, pharmacy, physical therapy, psychology, and radiology. This includes Northern California Region's Kaiser Permanente School of Allied Health Sciences, which offers 18-month training programs in sonography, nuclear medicine, and radiation therapy and Southern California Region's Hippocrates Circle Program, which was designed to provide youth from under-represented communities and diverse backgrounds with an awareness of career opportunities as a physician.

Health Research

Kaiser Permanente conducts, publishes, and disseminates high-quality epidemiological and health services research to improve health and medical care throughout our communities. Our Division of Research (NCAL), Department of Research and Evaluation (SCAL), Kaiser Foundation Research Institute, and Nursing Research Programs deploy a wide range of research methods, including clinical research, health care services research, and epidemiological and translational studies on health care that are generalizable and broadly shared, helping build a knowledge base that improves health and health care services.

III. KFH-South Bay Community Served

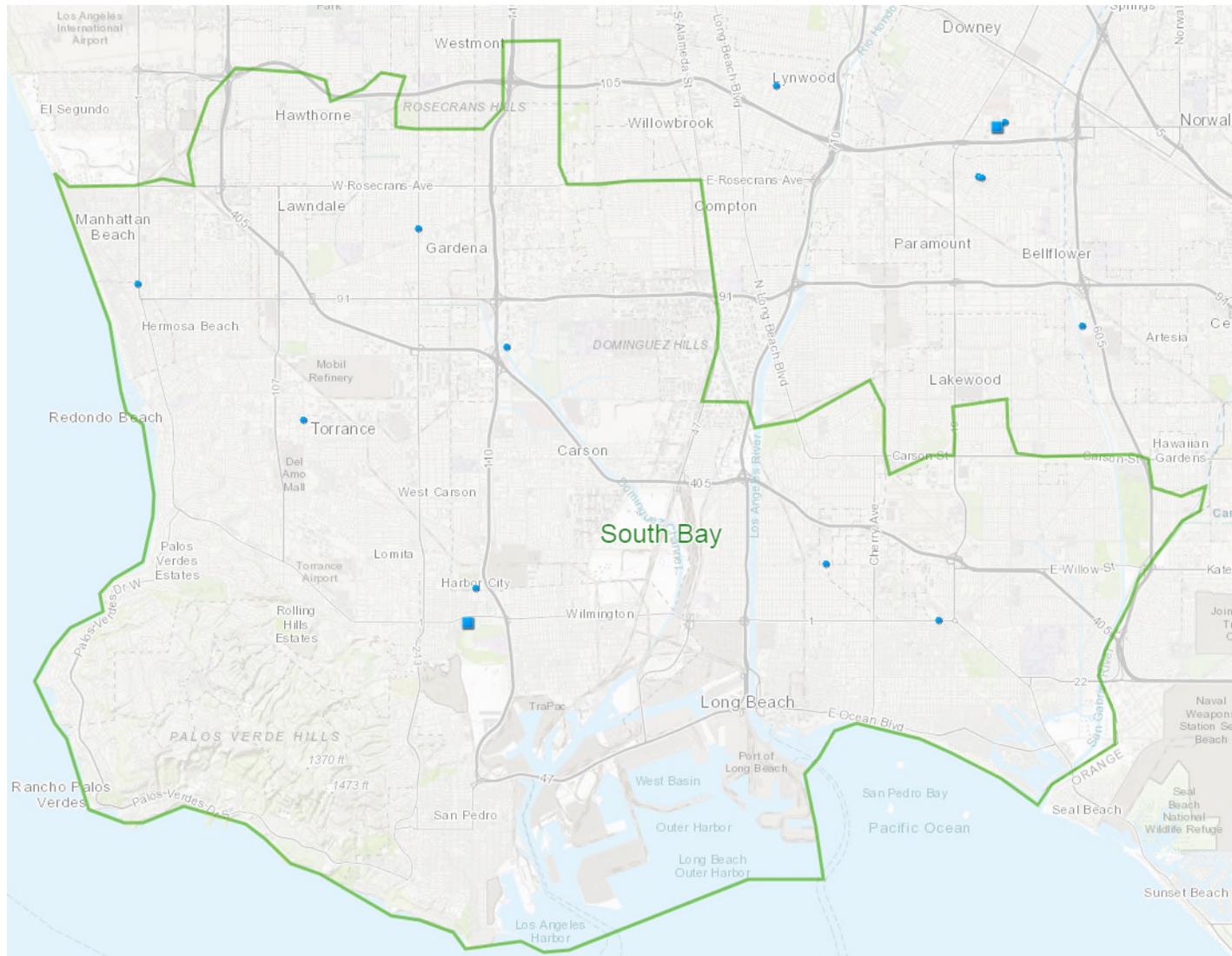
A. Kaiser Permanente's Definition of Community Served

Kaiser Permanente defines the community served by a hospital as those individuals residing within its hospital service area. A hospital service area includes all residents in a defined geographic area surrounding the hospital and does not exclude low-income or underserved populations.

B. Map and Description of Community Served

The KFH-South Bay service area includes (formerly KFH-Harbor City) service area includes: Carson, Catalina Island, Compton, El Segundo, Gardena, Harbor City/Harbor Gateway, Hawthorne, Hermosa Beach, Lawndale, Lomita, Long Beach, Manhattan Beach, Palos Verdes Peninsula, Rancho Palos Verdes, Redondo Beach, San Pedro, Signal Hill, Torrance, Willowbrook, and Wilmington.

KFH-South Bay Service Area Map



C. Demographic Profile of the Community Served

The following table includes race, ethnicity, and additional socioeconomic data for the KFH-South Bay service area. Please note that "race" categories indicate "non-Hispanic" population percentage for Asian, Black, Native American/Alaska Native, Pacific Islander/Native Hawaiian, Some Other Race, Multiple Races, and White. "Hispanic/Latino" indicates total population percentage reporting as Hispanic/Latino. [Sources: ESRI, 2018; ACS 5-year estimates, 2013-2017; Bureau of Labor Statistics, 2018]

| Race/Ethnicity | | Socioeconomic | |
|-------------------------------|-----------|---|-------|
| Total Population | 1,363,956 | Living in Poverty (<100% Federal Poverty Level) | 14.7% |
| Asian/Pacific Islander | 17.62% | Children in Poverty | 19.4% |
| Black | 11.33% | Unemployment | 5.1% |
| Hispanic/Latino | 38.78% | Uninsured Population | 11.2% |
| Native American/Alaska Native | 0.23% | Adults with No High School Diploma | 18.8% |
| Some Other Race | 0.26% | | |
| Multiple Races | 3.13% | | |
| White | 28.65% | | |

IV. KFH-South Bay Community Health Needs

The following are the health needs that KFH-South Bay is addressing during the 2017-2019 Implementation Strategy Period. For information about the process and criteria used to select these health needs and the health needs that were not selected (and the rationale), please review the 2016 CHNA Report and 2017-2019 Implementation Strategy Report at: <http://www.kp.org/chna>.

A. Health Needs Addressed

a. Access to Care

Health insurance helps individuals and families access needed primary care, specialists, and emergency care, but does not ensure access on its own—it is also necessary for providers to offer affordable care, be available to treat patients, and be in relatively close proximity to patients. Access to comprehensive, quality health care services is important for the achievement of health equity and for increasing the quality of a healthy life. Insurance and access to providers ensures that diseases are identified and managed earlier. If diseases are left untreated or unmanaged because of delayed care (cost, access to providers), this could lead to higher rates of hospitalizations and mortality. Access to care greatly impacts residents of the KFH-South Bay medical center service area. While residents of the KFH-South Bay Medical Center Service Area are slightly more likely to have access to a dentist, youth and adults alike are less likely to have had a recent dental exam. Residents also lack access to primary care physicians and mental health care providers relative to the rest of the state. The percentage of individuals obtaining health care screenings, such as mammograms and colonoscopies, as well as those adequately managing chronic diseases, such as diabetes and high blood pressure, tend to be lower than the rest of the state.

b. Economic Security

Issues of economic security, such as unemployment and limited educational attainment, affect individuals in the KFH-South Bay medical center service area. The rate of unemployment is higher compared to the state indicating low economic security. Children in the KFH-South Bay Medical Center Service Area are more likely to live below the federal poverty level (FPL) than children in state. Blacks, Native Americans and individuals self-identifying as some other race in the KFH-South Bay Medical Center Service Area are more likely to live below the FPL compared to other race/ethnicities. In the KFH-South Bay Medical Center Service Area, Non-Hispanic African Americans and Hispanic/Latinos have the highest percent of 4th graders with “non- proficient” reading levels. Homelessness impacts the community with the number of homeless individuals increasing 10.5% from 5,351 to 5,913 in SPA 8 between 2015 and 2016. Community stakeholders interviewed during the CHNA also noted that the homeless population in the service area experience disproportionately poor health outcomes across almost every indicator, from mental health to access to healthy foods.

c. Violence/Injury Prevention

Homicide and domestic violence are important public health concerns in the United States. In addition to their immediate health impact, the effects of violence extend well beyond the injured person or victim of violence, affecting family members, friends, coworkers, employers, and communities. Violence can cause long term physical and emotional effects to those involved and can negatively impact the overall health and safety of a

community. The KFH-South Bay Medical Center Service Area fares poorly on several indicators of safety and violence, including violent crime, assault, and robbery. The suicide mortality rate is higher in the KFH-South Bay Medical Center Service Area than Los Angeles County in general. African Americans and Asians are disproportionately impacted by pedestrian accidents, while African Americans and Non-Hispanic Whites are greatly impacted by motor vehicle accidents. Community stakeholders also noted that unintentional injuries are difficult for the older adult population.

d. Mental and Behavioral Health

Mental and behavioral health is essential to personal well-being, family and interpersonal relationships, and the ability to contribute to community or society. Mental health disorders are the leading cause of disability in the United States, accounting for 25% of all years of life lost to disability and premature mortality. In the United States in 2014, 3.1% of adults reported having serious psychological distress in the past 30 days. More than one quarter of adults in the KFH-South Bay Medical Center Service Area report that they frequently do not receive the social and emotional support they need and residents of the service area have more poor mental health days per month on average compared to other adults in the state. Community stakeholders noted that the homeless, Latino, Black, Cambodian and Southeast Asian communities, as well as youth, older adults, and veterans are disproportionately impacted by mental and behavioral health issues. For substance abuse, stakeholders identified disparities among youth, specifically in Long Beach, Harbor City/Harbor Gateway, San Pedro, Wilmington, Watts, and South Gate. They also reported the need for substance abuse treatment centers specializing in teens.

e. Obesity/HEAL/Diabetes

Overweight and obesity are defined using a person's Body Mass Index (BMI) which is a ratio of a person's weight to height. Los Angeles County adult obesity data is used for the KFH-South Bay service area, with 20.8% of adults being identified as obese. Obesity is one of the biggest drivers of preventable chronic diseases in the U.S. with poor diet and lack of physical activity contributing to its prevalence. Being overweight or obese increases the risk for many health conditions, including type 2 diabetes, heart disease, stroke, hypertension, and cancer. Certain factors, such as access to grocery stores and proximity to fast food restaurants, are important environmental factors when considering rates of overweight and obesity. In the KFH-South Bay service area, obesity and diabetes disproportionately impact specific populations. Community stakeholders observed the highest disparities in overweight and obesity within the Latino and African American populations. Overall, a higher percentage of Hispanic/Latino students ranked within the "High Risk" category (Obese) for body composition on the Fitnessgram physical fitness test, followed by African-Americans.

B. Health Needs Not Addressed

While all the health needs prioritized in the Community Health Needs Assessment are important to address, the implementation strategy planning process requires hospitals to select health needs to address based on critical criteria including health need severity, magnitude, inequity, and the extent to which the hospital is in a position to meaningfully address the need. The health needs below were identified in the hospital CHNA but are not part of the hospital implementation strategy plan.

The health needs listed below were not selected because they did not meet the high need/high feasibility criteria mentioned in Section VIII and were not considered borderline health needs by the ISET. Health needs were considered "medium-low" for need and feasibility criteria when they did not

demonstrate a combination of high magnitude and severity, large health disparities within the community, a substantial amount of Kaiser Foundation Hospital assets, or a high ability to leverage internal and external KFH assets. KFH-South Bay also aimed to address the upstream drivers of poor health where possible, due to the fact that strategies that impact those health needs have the potential to impact a variety of other health outcomes simultaneously. The health needs that KFH-South Bay did not select are as follows (in alphabetical order):

1. Built Environment (Housing and Transportation)
2. Chronic Disease (Asthma, Cancers, Cardiovascular Disease, and Diabetes)
3. Educational Attainment
4. Environmental Health (Air and Water Quality)
5. Maternal and Child Health
6. Oral Health
7. Sexually Transmitted Infections (STIs)

While this Implementation Strategy Report responds to the CHNA and Implementation Strategy requirements in the Affordable Care Act and IRS Notices, it is not exhaustive of everything we do to enhance the health of our communities. KFH-South Bay will look for collaboration opportunities that address needs not selected where it can appropriately contribute to addressing those needs, or where those needs align with current strategy and priorities.

V. 2017-2019 Strategies to Address Health Needs

This section details the strategies the hospital will use to address the community health needs raised in its community health needs assessment. For a complete description of the 2017-2019 Implementation Strategy Plan, please visit <http://www.kp.org/chna>.

Access to Care

KFH-South Bay's long-term goal for addressing Access to Care is to increase the number of community members that have access to timely, coordinated, high quality health care from a trained and diverse workforce. It aims to visualize this goal by organizing its' strategies around the following strategic priorities (or intermediate goals):

- Increase coverage and access to comprehensive, quality health care services for low income and uninsured populations
- Improve the capacity of healthcare systems to provide quality healthcare services, including the social and non-medical needs of their patients.
- Improve the size and capacity of the primary care workforce to meet community needs.
- Enhance individuals' utilization of the community-based health delivery system

These priorities have guided the development of the following core strategies to address Access to Care in the community. A large sub-set of these strategies are aligned with the Los Angeles County Community Health Improvement Plan (CHIP) and will enable greater collaboration with public health and community health partners in addressing this health need.

- Develop solutions that address the health care needs of people who do not qualify for low-cost or no cost health insurance, including but not limited to undocumented individuals.
- Support policies and programs that improve the ability of health care organizations to assess upstream factors and coordinate with community based preventative services.
- Support infrastructure improvements that can support the integration of clinical care with mental/behavioral health, oral health, vision, and other health services.

In addition to the strategies stated above that were selected by the KFH-South Bay ISET, Kaiser Permanente Southern California Region will support the following strategies.

- Support the provision of high-quality health care (including preventive services and specialty care) for underserved populations.
- Leverage KP assets to drive coverage and access to healthcare for the underserved, build the capacity of the primary care workforce and improve appropriate utilization of healthcare services.
- Support partnerships and networks that sustain and scale change and lift up priorities, evidence and experience of communities, and to share information about what works in improving access to health care for the underserved.

Economic Security

KFH-South Bay's long-term goal for addressing Economic Security is to increase the number of community members that experience improved economic security, including access to employment and educational opportunities and other factors that influence health, including access to affordable fresh food and reduction in homelessness. It aims to visualize this goal by organizing its' strategies around the following strategic priorities (or intermediate goals):

- Reduce and prevent displacement and homelessness

- Increase employment opportunities
- Reduce food insecurity in the community
- Increase education attainment

These priorities have guided the development of the following core strategies to address Economic Security in the community. A large sub-set of these strategies are aligned with the Los Angeles County Community Health Improvement Plan (CHIP) and will enable greater collaboration with public health and community health partners in addressing this health need.

- Expand efforts to increase access to permanent housing with supportive services for homeless individuals and families to help them maintain stability and self-sufficiency.
- Support policies that increase economic security for individuals and families by expanding opportunities for employment. Support local governments, schools, and/or community based organizations to enroll community members into available food programs, most importantly Cal Fresh and Supplemental Food Program for Women, Infants, and Children (WIC); Promote the use of Cal Fresh and WIC benefits at farmer's markets for purchasing fresh fruits and vegetables.

In addition to the strategies stated above that were selected by the KHF- South Bay ISET, Kaiser Permanente Southern California Region will support the following strategies.

- Leverage KP assets to drive community health and champion organizational practice changes within Kaiser Permanent that improve economic security. For example, partnering with local vocational schools, community colleges, workforce investment boards, local hiring halls or community-based workforce development programs to create pipelines from target communities.

Injury and Violence Prevention

KFH-South Bay's long-term goal for addressing Injury and Violence Prevention is that all community members live in safe neighborhoods and are protected from violence and other injuries. It aims to visualize this goal by organizing its' strategies around the following strategic priorities (or intermediate goals):

- Prevent and reduce violence in high risk communities
- Improve levels of community safety

These priorities have guided the development of the following core strategies to address Injury and Violence Prevention in the community. A large sub-set of these strategies are aligned with the Los Angeles County Community Health Improvement Plan (CHIP) and will enable greater collaboration with public health and community health partners in addressing this health need.

- Support the adoption of evidence-based and promising family and youth development programs, such as the provision of trauma-informed care, conflict resolution programs, and mentoring programs that focus on keeping youth positively engaged in school and the community.
- Support policies and programs that increase diversion from incarceration for low-level offenses among youth and adults, particularly those that result from substance abuse or mental health needs.
- Support new and improved policies and environments that increase the availability and use of safe public spaces, such as parks.

Support partnerships and networks that sustain and scale change and lift up priorities, evidence and experience of communities, and to build the field of community health (including promoting best practices in trauma-informed care).

In addition to the strategies stated above that were selected by the KHF- South Bay ISET, Kaiser Permanente Southern California Region will support the following strategy.

- Leverage KP assets to drive community health, including violence prevention; champion organizational practice changes within KP that create safe schools and communities.

Mental and Behavioral Health

KFH-South Bay's long-term goal for addressing Mental and Behavioral Health is to increase the number of community members that have optimal levels of mental health/well-being and access to quality mental and behavioral health services. It aims to visualize this goal by organizing its' strategies around the following strategic priorities (or intermediate goals):

- Improve the knowledge, capacity and infrastructure of health care, organizations and communities to address mental and behavioral health
- Promote positive mental health by fostering community cohesion and social and emotional support

These priorities have guided the development of the following core strategies to address Mental and Behavioral Health in the community. A large sub-set of these strategies are aligned with the Los Angeles County Community Health Improvement Plan (CHIP) and will enable greater collaboration with public health and community health partners in addressing this health need.

- Support place-based and multi-sector collaborative efforts that support mental health and behavioral health.
- Support school and youth development organizations in learning about and addressing mental and behavioral health, including suicide prevention and trauma-informed care.

Support the development of community-based organizations, leaders, and networks, and build their capacity to advance equity and reduce stigma surrounding mental and behavioral health.

In addition to the strategies stated above that were selected by the KHF- South Bay ISET, Kaiser Permanente Southern California Region will support the following strategies.

- Support partnerships and networks that sustain and scale change and lift up priorities, evidence and experience of communities, and to share information about what works in improving behavioral and mental health and to build the field.
- Leverage KP assets to drive community health and champion organizational practice changes within KP that promote mental and behavioral health.

Obesity/HEAL/Diabetes

KFH-South Bay's long-term goal for addressing Obesity/HEAL/Diabetes is that all community members eat healthy and move more as part of daily life. It aims to visualize this goal by organizing its' strategies around the following strategic priorities (or intermediate goals):

- Improve access to opportunities for physical activity in the community
- Improve access to healthy food options in the community

These priorities have guided the development of the following core strategies to address Obesity/HEAL/Diabetes in the community. A large sub-set of these strategies are aligned with the Los Angeles County Community Health Improvement Plan (CHIP) and will enable greater collaboration with public health and community health partners in addressing this health need.

- Support multi-level, multi-component initiatives in community settings to support access to healthy, affordable food and activity-promoting environments.
- Support partnerships and networks that sustain and scale change and lift up priorities, evidence and experience of communities, and to build the field of healthy eating and active living.

- Leverage KP assets to drive community health, including healthy eating and active living and champion organizational practice changes within KP that promote health.

VI. 2019 Year-End Results for KFH-South Bay

The 2019 Year-End Results highlight a select set of activities and grant financial resources for addressing health needs. For a full description of strategies and activities to address health needs, please review the 2017-2019 Implementation Strategy Plan at <http://www.kp.org/chna>.

A. 2019 Community Benefit Financial Resources Provided by KFH-South Bay

Total Community Benefit expenditures are reported as follows:

- Quantifiable Community Benefit such as facility use and in-kind donations are included if funded by KFH, provided in a KFH facility, or are part of a KFH Community Benefit Plan.
- Medical care services for vulnerable populations include unreimbursed inpatient costs for participation in Kaiser Permanente-subsidized and government-sponsored health care insurance programs.
- The unreimbursed portion of medical, nursing, and other health care professional education and training costs are included.

Resource allocations are reported, as follows:

- Financial expenditures are reported in exact amounts, if available, by hospital service area.
- If exact financial expenditure amounts were not available by hospital service area, then regional expenses were allocated proportionally on the basis of KFHP membership or other quantifiable data, such as the number of Kaiser Permanente Educational Theatre performances presented or Summer Youth students employed within each hospital area's community at large.

Table C: KFH-South Bay 2019 Year-End Community Benefit Expenditures

| | 2019 Totals |
|---|---------------------|
| Medical Care Services for Vulnerable Populations | |
| Medi-Cal shortfall ¹ | \$17,836,142 |
| Charity care: Charitable Health Coverage Programs ² | \$10,604 |
| Charity care: Medical Financial Assistance Program ³ | \$6,684,870 |
| Grants and donations for medical services ⁴ | \$2,511,876 |
| Subtotal | \$27,043,492 |
| Other Benefits for Vulnerable Populations | |
| Watts Counseling and Learning Center ⁵ | \$1,052,991 |
| Summer Youth and INROADS programs ⁶ | \$79,027 |
| Grants and donations for community-based programs ⁷ | \$4,457,803 |
| Community Benefit administration and operations ⁸ | \$605,788 |
| Subtotal | \$6,195,609 |
| Benefits for the Broader Community | |
| Community health education and promotion programs | \$63,085 |
| Kaiser Permanente Educational Theatre ⁹ | \$397,021 |
| Community Giving Campaign administrative expenses | \$5,495 |
| Grants and donations for the broader community ¹⁰ | \$14,139 |
| National board of directors fund | \$16,801 |
| Subtotal | \$496,541 |
| Health Research, Education and Training | |
| Graduate Medical Education | \$328,773 |
| Non-MD provider education and training programs ¹¹ | \$549,866 |
| Grants and donations for health research, education, and training ¹² | \$34,258 |
| Health research | \$483,848 |
| Subtotal | \$1,396,745 |
| Total Community Benefits Provided | \$35,132,387 |

TABLE C ENDNOTES

- ¹ Amount includes hospital-specific, unreimbursed expenditures for Medi-Cal Managed Care members and Medi-Cal Fee-for-Service beneficiaries on a cost basis.
- ² Amount includes hospital-specific, unreimbursed expenditures for Other Plan members and unreimbursed inpatient expenditures for Charitable Health Coverage on a cost basis
- ³ Amount includes unreimbursed care provided at this facility to patients who qualify for the Medical Financial Assistance on a cost basis.
- ⁴ Figures reported in this section for grants and donations for medical services consist of charitable contributions to community clinics and other safety-net providers; community health partnerships and collaboratives; and special Request for Proposals to support specific health issues such as childhood obesity, asthma, etc. The amount reported reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁵ Watts Counseling and Learning Center's service expenses are divided among three hospitals: KFH-Downey, KFH-South Bay, and KFH-West Los Angeles.
- ⁶ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the number of Summer Youth students hired.
- ⁷ Figures reported in this section for grants and donations for community-based programs consist of charitable contributions made to external nonprofit organizations for a variety of programs and services that address the nonmedical needs of vulnerable populations. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ⁸ The amount reflects the costs related to providing a dedicated community benefit department and related operational expenses.
- ⁹ Figures reported in this section are hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members, or several related denominators such as the number of Educational Theatre performances or health education programs.
- ¹⁰ Figures reported in this section for grants and donations for the broader community consist of charitable contributions made to external nonprofit organizations to educate health care consumers in managing their own health and making informed decisions when obtaining services; and to develop, produce, or communicate health care-related public policy information for a variety of programs and services aimed at general well-being of the community. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.
- ¹¹ Amount reflects the net expenditures for health professional education and training programs.
- ¹² Figures reported in this section for grants and donations for the education of health care professionals consist of charitable contributions made to external nonprofit organizations, colleges, and universities to support the training and education of students seeking to become health care professionals. The amount reflects hospital-specific, unreimbursed expenditures. When hospital-specific expenditures were not available, dollars were allocated to each hospital based on the percentage of Health Plan members.

B. 2019 Examples of KFH-South Bay Activities Addressing Selected Health Needs

All Kaiser Foundation Hospitals (KFH) carefully consider the evidence-base when determining which goals, strategies, and related activities would be most effective in addressing priority health needs. It's anticipated that successful implementation of key activities (programs, grants, collaboration, and/or in-kind assets), tied to key goals and strategies, can contribute toward improving the priority health needs in the community. For information on the goals and strategies that were selected for each health need, please refer to the KFH-South Bay Implementation Strategy Report, posted on the internet at <http://www.kp.org/chna>.

Mechanisms for monitoring progress are tailored to each activity and may include the collection and documentation of tracking measures such as number of grants made, number of dollars spent, number of people reached/served, and number and role of KFH volunteers. KFH also conduct evaluation of larger grant initiatives to understand both progress and outcomes. In addition to internal monitoring and evaluation, KFH requires grantees to propose, track, and report outcomes of the projects for which they have received funding.

The below tables provide highlights for a select number of programs, grants, collaboration and/or assets that aims to address the identified health needs for KFH-South Bay. The examples provided below are illustrations and not an exhaustive list. Where appropriate, summative information is provided for programs that have been implemented in multiple years. The total number and amount of paid grants to address a health need include those that are awarded to organizations providing programs serving the KFH-South Bay service area and may also serve other KFH service areas. Grant examples denoted with (~) provide services and/or programs in multiple Kaiser Foundation Hospital service areas. Grant examples denoted with (*) were distributed from the Kaiser Permanente Southern California Charitable Contribution Fund, a Donor Advised Fund (DAF) administered by the California Community Foundation; accordingly, grant amounts were not included in the community benefit totals for 2019 (Tables B and C):

- The Watts Counseling and Learning Center (WCLC) provides mental health and counseling services, educational assistance to children with learning disabilities, and a state-licensed and nationally accredited preschool program. In 2019, WLC provided services to 931 individuals (predominately of African-American and Latino descent), reaching 270 children, 293 teens and young adults, and 368 adults.
- Educational Theatre brings free, live theatrical programs to schools and communities. The programs are designed to inspire children, teens and adults to make healthier choices and informed decisions about their health by focusing on topics such as health reading and literacy, conflict management, healthy eating and active living, bullying, and sexually transmitted infections. All performances are delivered by professional actors who are also trained health educators. In 2019, Educational Theater provided 43 events in 30 schools in the KFH-South Bay communities, reaching 11,199 youth and 415 adults.

| Need | Summary of impact | Examples of most impactful efforts |
|------------------------------|---|--|
| <p>Access to Care</p> | <p>During 2019, Kaiser Permanente paid 13 grants, totaling \$124,437 addressing this priority health need in the South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 4 grants, totaling \$90,992 that addresses this need.</p> | <p><u>Providing Affordable Healthcare</u> In 2019, KFH-South Bay provided \$17,836,142 in medical care services to 21,283 Medi-Cal recipients (both health plan members and non-members) and \$6,684,870 in medical financial assistance (MFA) for 7,925 beneficiaries.</p> <p><u>Advocating Expansion of Health Care Access for Low-Income Californians~*</u> Through policy-focused research and broad-based stakeholder engagement, the Insure the Uninsured Project (ITUP) promotes innovative and workable policy solutions that expand health care access and improve the health of low-income and underserved communities in Californian. In 2019, Kaiser Permanente paid \$75,000 (split among 15 service areas) to ITUP to:</p> <ul style="list-style-type: none"> • Conduct issue education and targeted communications to educate and inform state and local policymakers, media, and stakeholders on state and federal health reform topics affecting coverage, care and the delivery of health and health related services in California. • Convene 12 regional and local health care workgroups that include stakeholders and community leaders in collective problem-solving and shared learning on health care issues and timely health policy topics. • Conduct and disseminate health policy research to inform state and local leaders and policymakers. <p><u>Advocating for Health Centers to Improve the Health of Vulnerable Populations~</u> California’s Primary Care Association (CPCA) provides education, training, and advocacy to their members community health centers to best serve their low-income, underserved, and diverse patients. In 2019, Kaiser Permanente paid \$150,000 (split among 15 service areas) to CPCA to:</p> <ul style="list-style-type: none"> • Provide trainings, convenings, and conferences that reflect and respond to members’ needs. • Host peer networks and add peer networks as appropriate in response to member requests. • Educate policy makers and other stakeholders about the unique and critical role that CHCs play in serving patients throughout the state as an integral part of an integrated health care delivery system. |

Promoting Expansion of Quality Comprehensive Care for Los Angeles' Underserved Population~

The Community Clinic Association of Los Angeles County (CCALAC) advocates for expanding access to quality comprehensive health care for medically underserved people in LA County by strengthen their policy and quality improvement efforts, while incorporating social determinants of health frameworks. In 2019, Kaiser Permanente paid \$225,000 (split among 7 service areas) to CCALAC to:

- Deepen CCALAC's policy and advocacy education activities, particularly in the areas of program preservation, immigration, and women's health.
- Raise awareness of the impact of key policy issues on clinics and the communities they serve to key political figures.
- Strengthen and expand quality improvement activities and build capacity across CCALAC's clinically focused groups (i.e. Clinical Advisory Group, Nursing and Clinical Support, Quality Improvement, Behavioral Health, and Dental Roundtables).

Providing Diabetes Outreach, Education and Treatment

Wilmington Community Clinic (WCC) is a Federally Qualified Health Center with comprehensive primary and preventive care clinic with need-based dental and mental health services. In 2019, Kaiser Permanente paid \$10,000 to WCC to:

- Provide a Saturday walk-in clinic for general medicine visits, including diabetes screenings, assessments, case management, medication, and treatment for low-income, primarily minority residents of the Los Angeles Harbor and South Los Angeles

Supporting Mobile Medical Clinics for South Bay

Medical Mission Adventures (MMA) is a state and federally licensed medical mobile unit that provides free medical, dental and optical services to the poor, homeless and underserved at local churches, hospitals, and community-based organizations. In 2019, Kaiser Permanente paid \$10,000 to MMA to:

- Provide treatment to 405 patients
- Conduct 720 medical, dental and optical screenings

| | | |
|---------------------------------|---|---|
| <p>Economic Security</p> | <p>During 2019, Kaiser Permanente paid 7 grants, totaling \$57,500 addressing this priority health need in the South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 6 grants, totaling \$88,288 that addresses this need.</p> | <p><u>Supporting Certified Nurse Assistant Career Training~*</u> The Goodwill Serving the People of Southern Los Angeles County (SOLAC) Certified Nurse Assistant Career Training provides job training and employment for low-income individuals in the Long Beach/South Bay region. SOLAC offers a direct pipeline to employment and is designed to facilitate the quickest entry-point into the nursing profession for individuals with barriers to employment. In 2019, Kaiser Permanente paid \$50,000 (split among 2 service areas) to:</p> <ul style="list-style-type: none"> • Conduct the Certified Nurse’s Assistant training program for eight cohorts and recruit 150 new students in 2019 • Coordinate student internship placement at hospitals and skilled nursing facilities for the Certified Nurse’s Assistant practicum • Provide Certified Nurse’s Assistant program graduates support with job placement opportunities and enrollment in Licensed Vocational Nursing (LVN) and Registered Nursing (RN) certification programs <hr/> <p><u>Increasing Los Angeles County California Earned Income Tax Credit~*</u> Golden State Opportunity (GSO) Los Angeles County California Earned Income Tax Credit (EITC) strives to improve the lives of working Californians through public outreach and education campaigns, research, analysis, and in-depth partnerships. The CalEITC4Me program is dedicated to increasing Cal EITC uptake in Los Angeles County and putting dollars back into people’s pockets, stimulating local economies, and increasing economic security. In 2019, Kaiser Permanente paid \$80,000 (split among 7 service areas) to:</p> <ul style="list-style-type: none"> • Conduct California Earned Income Tax Credit (Cal EITC) outreach to more than 600,000 low-income households in Los Angeles County to provide information on eligibility and benefits • Build and train a network of 50 public agency and nonprofit partners for coordinated outreach and education through smart digital targeting, community messaging, and utilizing peer-to-peer text messaging • Host a 2nd Annual Women’s Economic Empowerment Summit to engage an intersectional group of local partners, leaders, and activists focused on economic security of women |
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Providing Safe Housing Reentry Services

A New Way of Life provides safe housing reentry services for formerly incarcerated women each year. In 2019, a grant in the amount of \$12,500 was paid to:

- Serve a minimum of 60 women to secure immediate shelter, healthy meals, clothing and hygiene items.
- Provide case management and referrals to community services, advocacy to navigate helping systems, access to 12-step recovery programs, personal/family counseling, job training, education/employment opportunities, computer training, personal enlightenment/leadership development, financial planning, and permanent housing.

Supporting Financial Education and Counseling

Neighborhood Housing Services makes vital services and financial counseling accessible to low-to-moderate income families residing in neglected communities throughout Los Angeles County. In 2019, Kaiser Permanente paid \$10,000 to Neighborhood Housing Services to:

- Host classes, clinics, and workshops that cover every aspect of pre- and post-purchase homeownership e.g. buying a first home, debt management, asset building, personal savings strategies, mortgage relief, foreclosure prevention, and default intervention.

Violence/Injury Prevention

During 2019, Kaiser Permanente paid 10 grants, totaling \$92,500 addressing this priority health need in the South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 1 grant, totaling

Cultivating Positive Community Impact Through Basketball~*

UCLA Watts Leadership Institute (WLI) is an initiative to develop leadership, fundraising capacity, policy advocacy and program support to indigenous leaders and small, struggling nonprofits in Watts. The Watts Gang Task Force's Midnight Basketball program is a young adult enrichment program that engages gang-involved and at-risk young men who live in or near public housing in Watts/South Los Angeles to develop stronger communication and coping skills, relationship building skills, and ultimately interrupts community violence. In 2019, Kaiser Permanente paid \$24,950 (split across 3 service areas) to The UCLA Foundation to:

- Implement the Midnight Basketball enrichment program for 150 at-risk youth in Watts.

\$8,317 that addresses this need.

Providing Mentorship Opportunities for Students

California State University Dominguez Hills' Male Success Alliance (MSA) is a high school and middle school program that improves education access, retention, and graduation rates of boys and men of color. In 2019, Kaiser Permanente paid MSA \$10,000 to:

- Train 300 high school and middle school MSA members around violence prevention and mental health.
- Train 50 college-age men with training on violence prevention and mental health.
- Conduct field visits in violence prevention and mental health for 50 youth.

Supporting Youth Behavioral Services

Long Beach Bar Foundation strengthens the youth of the greater Long Beach and South Bay community through juvenile crime prevention, intervention, legal education, and scholarship programs. In 2019, Kaiser Permanente paid Long Beach Bar Foundation \$10,000 to:

- Diverts young men and women ages 10 to 17 who reside in Long Beach and the neighboring South Bay communities away from the juvenile justice system through a continuum of educational, mentoring and counseling services.
- Enables at-risk youth to change their detrimental behaviors by gaining the self-management and life skills they need to create successful futures.

**Obesity/HEAL/
Diabetes**

During 2019, Kaiser Permanente paid 18 grants, totaling \$191,032 addressing this priority health need in the South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 10

Working to End Hunger for the Food Insecure~

Hunger Action Los Angeles (HALA) helps low-income people in Los Angeles County access healthy and affordable produce and involves them in policy advocacy to end hunger. In 2019, Kaiser Permanente paid \$37,500 (split among 8 service areas) to HALA to:

- Educate and advocate for anti-hunger legislation by training 75 grassroots low-income anti-hunger advocates on public policy for participation in Hunger Action Day.
- Maintain Market Match participation in 24 farmers' markets.
- Improve HALA's organizational capacity to strengthen its work in low-income communities by implementing strategic planning activities.

grants, totaling \$201,121 that addresses this need.

Influencing Policies and Funding for Safe Routes to School and Active Transportation~

Safe Routes to School National Partnership advances safe walking and biking to and from schools, improves the health and wellbeing for kids of all races, income levels and abilities and seeks to foster the creation of healthy, sustainable communities for everyone. In 2019, Kaiser Permanente paid \$100,000 (split among 15 service areas) to the National Partnership to:

- Influence new policies and funding for active transportation and Safe Routes to School programs to increase physical activity and reduce safety risks for people walking and biking.
- Provide technical assistance to 10 low income communities in 3 counties to support grant applications for state or other funding sources for biking and walking.

Building Capacity to Advance Healthy Communities and Reduce Health Disparities~*

Public Health Institute (PHI) generates and promotes research, leadership and partnerships to build capacity for strong public health policy, programs, systems and practices. This grant provides essential capacity building support for Public Health Alliance staff and members of local health departments to strengthen operations, strengthen multi-sector partnerships, improve effectiveness as an organization and advance healthy communities while aiming to reduce health disparities. In 2019, Kaiser Permanente paid \$150,000 (split among 15 service areas) to Public Health Institute to:

- Develop a strategic plan to assess, strengthen and evaluate Public Health Alliance operations and successfully implement five actions from the plan.
- Strengthen existing and create new strategic partnerships by facilitating 30 multi-sector priority initiative meetings with a variety of partners.
- Develop a comprehensive communications plan and a diversified fund development plan.

Helping Schools Implement Healthy Eating and Active Living Policies~

The Alliance for a Healthier Generation (HG) works with schools, companies, community organizations, healthcare professionals and families to build healthier environments where children can thrive. Using a six-step continuous improvement process, HG supports schools with implementing policies and practices that make healthier foods, beverages and physical activity accessible for students and staff. In 2019, Kaiser Permanente paid \$273,742 (split among 7 service areas) to HG to:

- Recruit 115 new schools to on-site Healthy Schools Program offerings, reaching approximately 73,000 students and 5,700 staff.
- Build capacities of staff to implement and sustain policies and practices in the areas of physical activity, nutrition, and/or staff wellness through provision of trainings, technical assistance, and professional development sessions.
- Support schools to make or sustain nutrition and physical activity-related policy, program, and system improvements, leading to increased consumption of nutritious foods, increased participation in federal child nutrition programs and increased physical activity levels of students.

Supporting Safe, Healthy Play in Elementary Schools~

Playworks Education Energized (Playworks) aims to improve the health and well-being of children by increasing opportunities for physical activity and safe, meaningful play. Focused primarily on recess, they help schools and districts re-design recess through on-site staffing, consultative support, professional development and free resources. In 2019, Kaiser Permanente paid \$95,000 (split among 10 service areas) to Playworks to:

- Provide 15 full-day professional development workshops for 300 teachers, staff and recess aides across 101 schools.
- Provide 5 two-day advanced Recess Implementation trainings to 74 schools impacting 48,000 children.

Increasing CalFresh Enrollment in Cambodia Town

Provides outreach and application assistance will be provided to Cambodia Town residents. Ongoing CalFresh training and certification support will be provided to partner agency staff and community leaders. In 2019, Kaiser Permanente paid \$25,000 for a collaborative partnership grant in support of The Children's Clinic, Serving Children and Their Families, Cambodian Association of America, and United Cambodian Community to:

- Train an additional 6-8 individuals as CalFresh Enrollers.
- Participate in at least 25 outreach events and programs which include and provide CalFresh Enrollment Services.
- Outreach to at least 5,000 community residents about CalFresh services.
- Enroll at least 200 community residents/patients in CalFresh.

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|--|---|--|
| | | <p><u>Supporting the Health and Well-Being of Black Women and Girls</u> Black Women for Wellness (BWW) is committed to the health and well-being of Black women and girls through health education, empowerment and advocacy. In 2019, Kaiser Permanente paid \$15,000 to BWW to:</p> <ul style="list-style-type: none"> • Examine interconnections of food consumption and health status through Kitchen Divas and Sisters in Motion (SIM) to engage community members in eating healthy and moving more as part of daily life. • Educate 100 participants through SIM programs about diabetes prevention and/or chronic conditions management. • Educate 50 community members about healthy eating and active living. |
| <p>Mental and Behavioral Health</p> | <p>During 2019, Kaiser Permanente paid 7 grants, totaling \$70,714 addressing this priority health need in the South Bay service area. In addition, a portion of money managed by a donor advised fund at California Community Foundation was used to pay 2 grants, totaling \$65,000 that addresses this need.</p> | <p><u>Building the Mental Health Workforce*</u> Mental Health America of Los Angeles (MHALA) builds the emerging workforce through a 13-week, full time fellowship program that trains and places individuals interested in working in the field of mental health into internships with employers in LA County with its Jump Start Fellowship Training Project. In 2019, Kaiser Permanente paid \$40,000 to MHALA to:</p> <ul style="list-style-type: none"> • Provide eight additional individuals, above the current program capacity of 54, with 180 hours of culturally competent education, including resume and interview support during the fellowship and post-graduation. • Provide eight additional individuals with 240 hours of mental health internship experience. <p><u>Providing Mental Health Services</u> One in Long Beach provides ongoing group trainings and expanded outreach to area mental health service providers in order to increase community capacity to deliver culturally affirming care to LGBTQ individuals, couples, and families. In 2019, Kaiser Permanente paid One in Long Beach \$10,000 to:</p> <ul style="list-style-type: none"> • Train 200 new mental health providers to increase community capacity to deliver culturally affirming care to LGBTQ individuals, couples, and families. • Engage 5 new organizations, entities, and/or private practices per month. • Disseminate 500 copies of digital and printed materials (brochures, flyers, fact sheets, etc.) in the provider community. |

Minding the Village Mothers

A joint initiative of the California Black Women's Health Project, Sisters Aging Gracefully and Elegantly (SAGE) is a Black-woman centered behavioral and mental health intervention that utilizes a Sister Circle support group model to facilitate community education, training, outreach, and engagement designed to increase awareness and identification of older and aging Black women in the community who may be at risk of social isolation. In 2019, Kaiser Permanente paid SAGE \$7,500 to:

- Train 100 participants on social isolation and early onset depression in aging and older Black Women.

VII. Description of Community Health Needs KFH-South Bay Will Address in 2020-2022

The KFH-South Bay 2019 Community Health Needs Assessment (CHNA) is available at <http://www.kp.org/chna> (Kaiser Permanente's ShareSite). Detailed information about the CHNA process and the criteria and rationale used to determine which priority health needs the hospital would address in its Community Benefit Plan (referred to as an Implementation Strategy for IRS purposes) – along with information about the health needs that were not identified but not selected – can also be found on the website. Here are the health needs KFH-South Bay is addressing in the 2020-2022 three-year cycle:

Access to Care. Access to health care greatly impacts one's physical, mental, and social health and overall quality of life. This issue of access is comprised of many factors, including but not limited to affordability, treatment by health care professionals, ability to navigate the system, and availability of services. Indicators such as rates of uninsured and utilization of various types of care help to gauge accessibility of health care within communities. In the KFH-South Bay service area, low-income and Hispanic/Latino residents are more likely to be uninsured. Community input sessions shed light on challenges people from marginalized groups face when accessing health care in the KFH-South Bay service area including experiencing judgement and discrimination in health care settings and being fearful of sharing information given the current political climate around immigration. Access to care was selected to be addressed in the Implementation Strategy because secondary data and community engagement revealed that it is a priority health need and KFH-South Bay has existing resources, partnerships, and potential opportunities to address this need.

Economic Security. Economic security encompasses education and employment, food, and housing needs. Education and employment are interrelated and together impact one's socioeconomic status. A growing body of evidence demonstrates the advantages afforded those with more education and better employment, such as more resources to support healthy habits, reduced stress, stronger social and psychological skills, and larger social networks. Conversely, individuals with less education and employment are more likely to have less access to food, health care, and other community resources. They also have fewer choices when it comes to their environment, often not being able to choose safer neighborhoods or neighborhoods with less exposure to environmental toxins. Using high school graduation rates as an indicator, Hispanic/Latino and Native American/Alaska Native residents in KFH-South Bay disproportionately experience higher rates of no high school diploma, as compared to White residents (38% and 42% vs. 4%, respectively). These findings were underscored by themes from community input sessions, which highlighted racial bias in the academic environment.

Food is an integral part of one's health. Low income communities struggle with having enough to eat as well as accessing healthy food options. Research has shown that individuals experiencing food insecurity have increased risk for obesity and higher rates of chronic disease. In the KFH-South Bay service area, people living in poverty, African Americans, Hispanics/Latinos, and seniors experience higher rates of food insecurity. During community input sessions, participants highlighted barriers to accessing nutritious food. For example, benefits programs (e.g., Cal Fresh and WIC) are a big help, but can be challenging to navigate and are not available to everyone. In addition, social stigma and shame prevent people from accessing benefits and services.

The cost of housing continues to be a large financial burden particularly for low income families. In Los Angeles County, it has been estimated that renters need to earn \$46.15/hour to afford the median monthly rent. This is more than 4 times local minimum wage. Low income renters can spend up to 71% of their income on rent, leaving little left for health care bills, food, and transportation. The current demand for affordable

housing exceeds existing inventory, with a gap of 500,000 homes. The KFH-South Bay service area has more than 4,000 homeless individuals, 80% of which are unsheltered. African Americans are disproportionately impacted by homelessness. They make up 34% of the homeless population in South Bay and only 10% of the overall population. During community engagement sessions with local service providers, they talked about factors that play a role in homelessness including low wages and increased cost of living, lack of treatment and support for people with mental illness, and resident opposition to housing development in many communities.

Economic security (education and employment, food, and housing) is a social predictor that greatly impacts one's ability to lead a health life and if not addressed in the Implementation Strategy can exacerbate existing poor health outcomes in the community.

Mental Health. Poor mental health is a leading cause of disability in many developed countries, and greatly impact one's physical health. A growing body of evidence demonstrates a strong association between poor mental health and chronic conditions, such as cardiovascular disease, diabetes, asthma, and some cancers. Within the KFH-South Bay service area, residents experience four poor mental health days per month on average. Under-resourced communities within the KFH-South Bay service area experience higher rates of poor mental health. Community input session participants shared stories about the ways in which the stresses that come with poverty, especially violence at home, impact mental health. They also discussed difficulties faced when trying to access mental health services including a severe lack of providers and reluctance to address mental health issues because of the associated stigma. This health need was selected to be addressed in the Implementation Strategy because of the urgency of the need and the existing efforts already being conducted around this issue in the service area.

Structural Racism and Marginalization. Historic and present-day public and institutional policies and practices impact the places we live, learn, and work. However, such policies and practices have not provided everyone the necessary financial resources, investments, and opportunities to live a long healthy life, and have pushed many groups to the edge of society by not allowing them an active voice and place in it. This has resulted in significant health and economic disparities based on categorization of race, ethnicity, gender, sexual identity, or mental capacity. In South Bay, there are many indicators of health disparities. African Americans, for example, experience higher rates of diabetes, high blood pressure, stroke, and infant deaths as compared to other racial/ethnic groups. Participants in community input sessions provided insights into how residents from marginalized groups experience these inequities including struggling to access care and being disproportionately impacted by upstream factors that affect health such as lack of employment, poor education, and violence in the community. This health need was selected to be addressed because of its deep overlap with and impact on all other health needs. In addition, KFH-South Bay has existing resources, partnerships, and potential opportunities to address this need.