

Watts Counseling and Learning Center

50 Years of Helping People Grow

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The Watts Counseling and Learning Center is a unique community service of Kaiser Permanente Southern California. Since 1967, the Center has provided counseling, outreach, and educational services to the residents of Watts and the surrounding communities, regardless of Kaiser Permanente membership. The Center is an active community partner, participating in a variety of community events and other collaborations that support a thriving community life.



Our Beginnings

The Watts Counseling and Learning Center was established just two years after the 1965 Watts civil unrest, to provide essential educational resources and mental health for the children and families of Watts. The Center's motto of "Helping people grow" supports the philosophy that empowering multi-generational individuals and families to overcome stresses and barriers will ultimately strengthen the community.

Our Work

Counseling – We offer a broad range of therapy in English and Spanish, as well as specialized counseling for children with a family member who is experiencing a life threatening illness. Supervised, graduate-level training is available to Social Work and Marriage and Family Therapy interns.

Educational Therapy – Specialized individual or small group educational therapy is available to children with learning difficulties, while parents and caregivers can receive advocacy training to navigate the special education system. Supervised, graduate-level training is available to educational therapy interns.

Child Development – Preschool Education for Parents and Children is a low cost, early childhood education program that develops school readiness skills and motivates preschool children to enjoy learning. The program is both state licensed and nationally accredited by the National Association for the Education of Young Children. Ongoing parent education groups are also part of the program.

Outreach – We offer unique outreach programs to help students of all ages achieve academic and personal success. These programs include homework assistance, SAT/ACT preparation classes, personal development, academic coaching, college-bound support and youth work preparation.

To Date...



- **4,500** individuals participate each year in one or more of 25 programs available



- **400** professionals have been trained in the Master of Social Work training program
- **1,125** children have completed our preschool program



- **1,600** high school students have received college entrance test preparation training
- **\$284,000** has been awarded to 207 Watts area students through the Bill Coggins Community Leadership Award for college



community.kp.org/watts



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