

# Creating Healthy Communities in San Diego

## 2018 Kaiser Permanente San Diego Community Health Grants



Community Benefit is central to our mission. We believe good health is a fundamental aspiration of all people. We recognize that promotion of good health extends beyond the doctor's office and the hospital. Like our approach to medicine, our work in the community takes a prevention-focused, evidence-based approach. To be healthy, people need access to care including access to healthy and nutritious food in their neighborhood, safe parks, walking paths, and playgrounds, improved school meal nutrition and increased opportunities for physical activity. Good health for the entire community also requires a focus on social and economic well-being.

### Kaiser Permanente San Diego focused on addressing the following health needs in 2018:

- Cardiovascular Disease
- Mental and Behavioral Health
- Obesity, Overweight and/or Diabetes

## 2018 San Diego Kaiser Permanente Community Health Grants Recipients

- 2-1-1 San Diego
- A Step Beyond
- Be There San Diego
- Cajon Valley Union School District
- California State University San Marcos
- Center for Community Health
- Crisis House
- Funders Together to End Homelessness
- Jewish Family Services of San Diego
- La Maestra Community Health Centers
- Mama's Kitchen
- McAllister Institute
- North County Health Services
- North County Lifeline
- Otay Elementary School
- Jacobs and Cushman San Diego Food Bank
- San Diego Hunger Coalition
- San Ysidro Health
- Serving Seniors
- St. Vincent de Paul Village
- San Diego LGBT Community Center
- Think Dignity
- Vista Community Clinic
- Vista Hill